Advanced Pain Management Center

Expectations/Guidelines for chronic opioid therapy

I understand that the treatment I receive at the Advanced Pain Management Center includes opioid and/or sedative mediations. I also agree to the following while receiving these medications.

I understand that the goals of these medications are to increase my activities at home and/or work and decrease my pain symptoms.

I understand that opioid medications are only one part of my therapy and agree to follow all parts of my treatment program (e.g. physical therapy, behavioral pain management, and injections).

I will not obtain any opioid or sedative medications from any other source other than the Advanced Pain Management Center. If I require emergency treatment that includes opioid or sedative medications, I will notify the staff of the Advanced Pain Management Center at the next appointment.

I understand that "Doctor shopping" for additional pain medications from other physicians is discouraged and if this occurs, the physician-patient relationship may be jeopardized.

I understand that any lost medication and/or prescriptions will not be replaced or refilled at an earlier date.

I understand that I must provide my pills for a random pill count.

No increase in medication doses should be made without the approval of the prescribing physician.

Opioid pain medications will hopefully make your pain more tolerable, but they should not be used to relieve stress or to promote sleep.

At the discretion of the physician, the patient will be required to submit a urine or saliva sample. This is necessary to monitor patient compliance. Failure to submit the required sample will be considered a reason for termination of the physician-patient relationship.

I understand that failure to follow these guidelines may require cessation of opioid therapy, referral to a substance abuse specialist, and possible termination of my patient status at the Advanced Pain Management Center.

CAUTION: Opioid medications may cause drowsiness. Alcohol and recreational (street drugs) should not be consumed while taking medications. Use care when operating a car or dangerous machinery; do not operate a car or dangerous machinery, if you in any way feel that the side effects of your medications will impair your ability to operate in any manner. Federal law prohibits the transfer of these medications to any other person other than the patient for whom they are prescribed. This class of medications can produce the following adverse effects:

- drowsiness
- nausea
- constipation
- tolerance
- dependence
- loss of control over the amount of medication used
- Constantly seeking more medications and adverse effects of certain aspects of life

Witness	Patient's signature or legal guardian	Date & Time
	21	
	Physician/Practionner	